

Mountain Spirit Sanctuary

Directions: From Interstate 91 North, take Exit 17B, from 91 South, take Exit 17, onto 141 West. Come over the shoulder of Mt. Tom and down into Easthampton (about ten minutes). Remain on Route 141 until the 7-11, take the first right (Liberty Street) just past the store. If you are coming from Northampton (Route 10) you'll get to this point by turning left onto Union Street (Route 141), then left just before the 7-11.

- 1) Once on Liberty Street stay to the right at the fork and turn right at the bottom of the hill (look for a Riverside Industries or One Cottage Street sign).
- 2) Don't park in the first, little lot. Come over the stream and park in the big lot at the rear of One Cottage Street.
- 3) To locate Mountain Spirit Sanctuary, scan the roof-line of the building. Look for an elevator shaft to the right of the smoke-stack. Go through door A in between the elevator shaft and the smokestack. Door A is clearly marked with a large A, and is the handicapped entrance.

It is important that you enter the building at door A because this is the door I will unlock (the building is locked late in the afternoon weekdays and all weekend).

- 4) You'll enter near the passenger elevator. Take the elevator or stairs to the top (fifth) floor.
- 5) Mountain Spirit Sanctuary is located down the hall in Room 5-07 (at the top of stairway B).

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